"Stars, Wine and Anaesthesia align"

Academic Programme

Ipswich and STARS anaesthesia departments
Spicers Hiddenvale: 25-27 August 2023

Day One: Friday 25th Aug	
14:00 – 15:00	Check-in
15:00 – 15:15	Meeting Open & Welcome
15:15 – 16:00	Session 1: Journal Club
16:00 – 16:30	Afternoon Tea
16:30 – 17:00	Session 2: MSF experience (Yemen & PNG) by Dr Hannah Brown
18:30	Dinner at "Homage" Restaurant
Day Two: Saturday 26th Aug	
7:00 – 8:45	Breakfast
8:45 – 9:30	Session 3: ERAS Arthroplasty by Dr Andrew Sounness
9:30 – 10:15	Session 4: Trauma Surgery by Dr Bhavik Patel
10:15 – 10:45	Morning Tea
10:45 – 12:15	Workshop 1: Regional techniques, Virtual Oculus Simulations (TBC)
12:15 – 13:00	Lunch
13:00 – 15:00	Workshop 2 (CPD): ALS
15:00 – 15:20	Afternoon Tea
15:20 – 16:00	Session 5: Robotic surgery by A/Prof David Cavalluci
17:00 – 18:00	Wine Tasting and Trade Exhibition/Sponsor spotlight
18:30	Dinner at "The Barn"
Day Three: Sunday 27th Aug	
7:00 - 7:30	Morning walk/run/bike
7:30 – 9:00	Breakfast
9:00 – 9:45	Session 6: Anaesthetists welfare by Dr Anna Hallet
9:45 – 10:30	Session 7: Morbidity & Mortality/Case Discussions
10:30 – 10:45	Morning Tea
10:45 – 11:00	Meeting close and departure/check out

"Stars, Wine & Anaesthesia Align"

Welcome to the inaugural Ipswich/STARS Anaesthetics conference. It promises to be a restful break, away from the daily grind. Spicers Hiddenvale, a luxury country getaway, will provide the picturesque setting for a weekend of educational and thought-provoking presentations, practical hands-on workshops and interesting case discussions.

Indulge yourself in the sumptuous cuisines of the onsite aware-winning restaurants. Enjoy the outdoor fresh air and adventures exploring world class trails on foot or bike, unwind at the poolside with a book or simply enjoying the endless views over the valley. Be sure to conclude your day relaxing under the stars, mesmerised by the campfire whilst connecting with family, friends and colleagues.